## **Brevoort Park News**

#### A Return to Community

We have had discussions at our most recent Brevoort Park Community Association meetings about the past few years attempting to foster community through a pandemic. It has not been easy. We were once one of the busiest communities in Saskatoon in terms of fun events for the family, offering a large variety of programs, sports options for the children and youth, and tacking special projects (such as safety meetings and accessible curbs). The pandemic has made it difficult for the association to raise funds for operations, maintain volunteerism, and hold community get-togethers.

Even though our board has shrunk considerably, we brainstormed and came together to offer events and programs in the safest manner possible. It was wonderful to see the community searching for spooky Halloween items, decorating their windows with positive messages, and picking up curbside meals for Cinco de Mayo. We thank you all for your support as we had to cancel events and programs and appreciate your patience as we learned to work with virtual platforms for programs. There were some significant barriers and lots of bumps, but we got through it.

The BPCA team is excited to look forward to a return of in-person programming, sporting activities for the children and big community events. We have missed meeting our new neighbors and seeing familiar faces. We hope to see you come out for pickleball, our Spring Spectacular and Outdoor Market and the every-popular Garage Sale Day!

Our spring is shaping up to be a lot of fun for everyone. If you can spare a couple of hours to help during one of our events or are interested in formally joining our dedicated association, we want to hear from you. Email info@brevoortpark.ca for more information or to enquire about current openings.

If you would like to rent a space for our upcoming Outdoor Market, email president@brevoorpark.ca for pricing or details.

See you soon!

## **Upcoming Events:**

March 4 - June 1– Indoor Programming Registration

April 16- Spring Spectacular and Outdoor Vendor Market

May 16- Garage Sale Day



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## **Calling All Heavy Duty Mechanics!**

Want to add Zamboni to your resume?

Give Jay a call: 306-292-4307 or

email: Rinkmaintenace@brevoortpark.ca

Looking for some help with some repair work on our ice machine.



#### **Volunteer Newsletter Carriers Needed!**

We are looking for help delivering the Brevoort Park Newsletter in our community.

Each carrier has a route and we deliver 3 or 4 times each year. This is an excellent family stroll!

If you can help, contact Lisa at

blockcaptain@brevoortpark.ca



#### **BPCA Spring Programs**

Spring program registration will run March 4 to June 1. Programming options will be available on Communibee or for information see www.brevoortpark.ca.

Vaccination and masks are encouraged.

Cost as a barrier funding is available. To inquire about CAB or for general questions, please email indoorcoordinator@brevoortpark.ca

Program	Day/ Time	Cost
Pickleball	Monday 6:00-7:15	\$25
Pickleball	Monday 7:15-8;30	\$25
Pickleball	Thursday 6:00-7:15	\$25



March 8 is International Women's Day. It is day marked around the world to recognize and celebrate women's and girls's social, economic, cultural, and political achievements. It's also a time to raise awareness of the progress made towards achieving gender equality and the work remaining to be done. (https://women-gender-equality.canada.ca/en/commemorations-celebrations/international-womens-day.html)

We have celebrated International Women's Day for over 100 years, taking place first in March, 1911 in Austria, Denmark, Germany, and Switzerland, where over a million women and men attended public events to show their support of women's equal participation in the labour movement and in all other areas of society. Other countries, including Canada, began to observe and celebrate this day in the years that followed.

This March 8, let's take a moment to consider and thank women who are making a difference in our communities, whether that is our mom, neighbour, sister, friend, city councillor, medical staff, librarian, teacher (or child's teacher), and many others. Our world is stronger when we lift each other up.

Submitted by H. Kuttai

#### More Food, Less Waste

As we continue to deal with and recover from the pandemic and ongoing supply chain issues, Canadians can expect to see food prices climb as much as 7% in 2022, which will cost us hundreds of extra dollars. This prediction comes from the Food Prices Report for 2022, prepared by researchers with Dalhousie University, the University of Guelph, the University of Saskatchewan and the University of British Columbia.

At the same time, whether it is dairy, meat, fruits or vegetables, we are also guilty of incredible food waste. Some say that between 58-63% of the food we throw away could have been eaten. That is an equivalent of 58 million tonnes of food wasted, not to mention all the resources that went into growing or making that food.

A terrific resource that aims to help with both changing our mindset on food waste and give great ideas on ways to combat this problem in our own kitchens is **lovefoodhatewaste.com**. There you will find tips and tricks as well as recipes to help us waste less, which is good for the environment and the economy, and make our grocery bills stretch, which is good for our bank accounts. From what to do with stale bread to how to revive food you might otherwise throw away, we all have something to learn.



#### Here is their recipe for Lettuce Potato Soup.

#### **Ingredients**

- 2 tbsp olive oil 30 mL
- 1 large onion, diced
- 2 cloves garlic, sliced
- 1 tbsp fresh thyme leaves 15 mL
- 1/2 tsp salt 2 mL
- 5 cups reduced sodium chicken broth 1.25 L
- 2 lb yellow-fleshed potatoes, peeled and chopped 1 kg
- 6 cups any combination lettuce leaves, including leaf lettuce, spring mix, spinach, Romaine, Boston lettuce, baby greens and/or arugula
- 2 tbsp lemon juice 30 mL

#### Instructions

- 1. Heat oil in large saucepan over medium heat. Cook onion, garlic, thyme and salt about 5 min., until onions are softened and lightly browned. Stir in broth and potatoes; bring to a simmer.
- 2. Cover and cook, stirring occasionally, 20 min. until potatoes are fully cooked and breaking apart. Stir in lettuce leaves. Cook 1 to 2 min. until lettuce leaves are tender.

3 Using a hand-blender, purée until smooth. Stir in lemon juice. Serve hot or cold. Enjoy with grilled cheese sandwiches, tuna melts or cheese and crackers.

#### Tip

Alternatively, use regular blender to puree soup. To avoid steam build-up in appliance, remove cap from lid and cover sides and top of lid with a tea towel before pulsing hot soup in batches until smooth.

**The Good Food Box** is a community-based food distribution system that provides an alternative way to get top-quality, fresh produce at affordable prices. We purchase fruit and vegetables in bulk from local producers and whole-salers, then pass the savings on to you!

Anyone can participate in this program.

Every two weeks, a dedicated team of volunteers come together to pack a variety of boxes, which are then sent out to neighbourhood depots across the city for pickup (including Brevoort Park!)



For more information, to order, or view options see

https://www.chep.org/good-food-box/

#### BREVOORT PARK REAL ESTATE NEWS

Average sale price of all sold listings \$309,000 \( \)
Average home price per sq. foot of all sold listings \$341 \( \)
Average days on the market is 18 days \( \)
Current number of homes on the market 4 \( \)
Total number of sold listings 3 \( \)
Percentage of listings that were listed and actually sold 43% \( \)
Percentage of listings that sold for under their list price 100% \( \)

Highest sale price of sold listings \$328,000 ↓
Lowest sale price of sold listings \$285,000 ↓
Highest price of current listings \$489,000
Lowest list price of current listings \$349,900 ↑
All stats are based upon what has happened within the last 90 days of real estate.

All information provided by James Haywood, Realtor with Royal LePage Saskatoon, 306-361-1848, jameshaywood.royallepage.ca

Call for your free, home evaluation. Let's do this!







#### A Public Debate on Books: Only in Canada

As we continue to feel the effects of social isolation that the pandemic has caused, reading and talking about books can bring us closer and remind us how we are all part of a community. One program dedicated to this idea is "Canada Reads," an annual week -long book debate on CBC Radio. This year, the theme is "The Book To Connect Us."

The champions and their chosen books are:

Ojibway author and Vogue fashion writer Christian Allair champions *Five Little Indians* by Saskatchewan's own (woohoo!) Michelle Good.

Actor and activist Malia Baker champions *Scarborough* by Catherine Hernandez.

Entrepreneur and former Syrian refugee Tareq Hadhad champions What Strange Paradise by Omar El Akkad.

Forest ecologist and author Suzanne Simard champions Life In the City of Dirty Water by Clayton Thomas-Muller.

Olympian and LGBTQ2+ advocate Mark Tewksbury champions Washington Black by Esi Edugyan.

The debates, which strive to be passionate, but also thoughtful and respectful, will take place in the mornings the week of March 28-31, 2022, but will also be broadcast on CBC Gem, if you prefer to watch them. There is also a Facebook group dedicated to book discussions and the debates.

Submitted by H. Kuttai



What is a rabbit's favourite dance?

Hip-Hop!



Its back! The Brevoort Park Community Garage Sale Day!

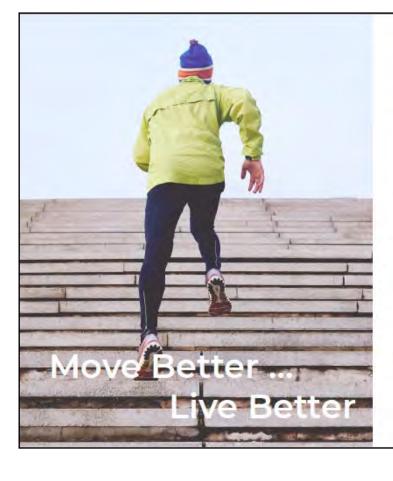
## **May 14**

Register your sale, reserve a space for a car boot sale, enjoy a BBQ lunch and pick up a map of the local sales!

If you would like your sale included on our map or to help with the BBQ lunch, email:

garagesale@brevoortpark.ca







## Still trying to figure out how to deal with your ongoing:

Headaches and/or neck pain
Back pain
Rotator cuff strain
Tennis elbow
Hip and knee pain
Jaw pain
or Dizziness?

## Let us help you out, whether it be in-clinic or online.

24/7 online booking at www.north49therapy.ca or call 306.343.7776.

Conveniently located at the Grosvenor Park

Centre.



We have big plans for the Spring Spectacular and Garage Sale Day, but we need your help! If you can spare a few hours to run a station or the BBQ, email:

info@brevoortpark.ca



### **Spring Newsletter is Going Online!**

Our spring newsletter will be offered online only. How will you find out about our neighborhood news? View the newsletter at:

- ⇒ www.brevoortpark.ca
- ⇒ Communibee.ca
- ⇒ Join our email list

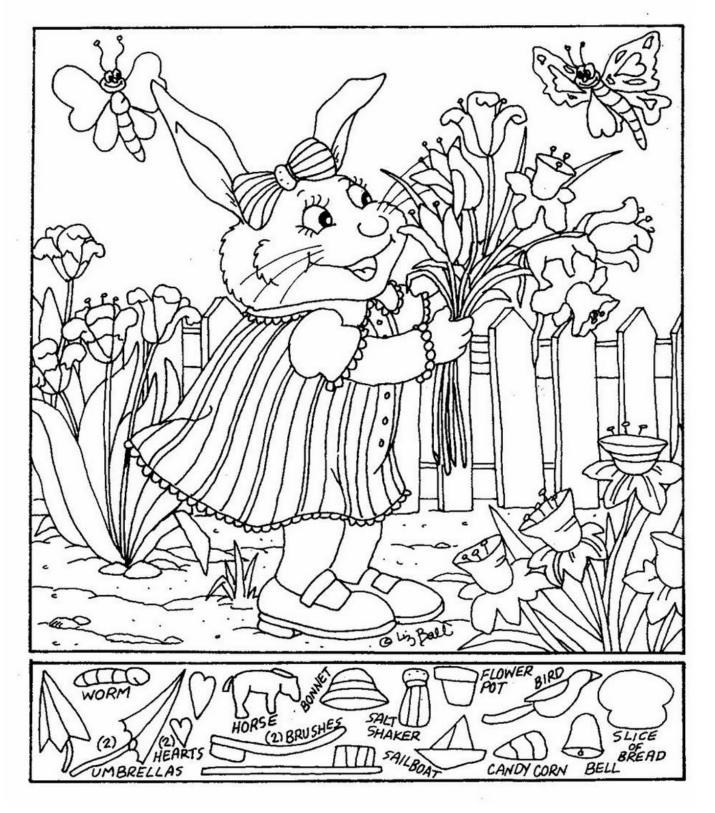
Contact newsletter@brevoortpark.ca for details



Looking to add value to your home without a major renovation? Try a few of these simple home improvement projects.

- changing the hardware on your kitchen cabinets and resurfacing them
- power wash the outside of your home
- upgrade your landscaping by adding a few flowers, trimming trees and a freshly mowed lawn.
- -in the winter shovel your sidewalk and driveway
- create an outdoor seating area, add a fire pit to your backyard
- upgrade your light fixtures (at minimum, take them down for a deep clean)
- replace faucets to elevate your bathrooms and kitchen
- paint or replace your front door
- remove stains on walls or ceilings, do paint touch- ups
- make your home smell appealing
- avoid bad lighting by adding a lamp

Most important of all, declutter, and make your space look as large as you can!



Complete this coloring page and bring it to our Spring Spectacular on April 6 between 11:00am and 3:00pm. We will display all pages and enter everyone into a random draw for something fun!



Join us in Brevoort Park North for family fun!

- \* BBQ- Hotdogs and burgers (Halal and vegan options)
- \* Easter egg hunt
- \* Craft station

- \* All-Wheels Parade
- Petting zoo
- \* Outdoor Vendor Market



# and More!

#### **Flood Control in Brevoort Park**

In 2018 the City of Saskatoon approved a flood control strategy aimed at reducing flooding in neighborhoods prone to surplus water during heavy rains. A dry storm pond was recently completed in Haultain. Brevoort Park is scheduled to have our own dry pond built in Brevoort Park North. The completion date is 2024. Information sessions will be offered approximately one year prior to construction.

For more information, go to saskatoon.ca/floodplan

#### Got a bike? Need a bike?

Do you have a bike(s) that no longer fits people in your home? or is collecting dust? I am happy to accept your bike donation. With repair, adjustment, lubrication, and 'elbow grease', I pass the reconditioned bikes on to helping community agencies who then place them with individuals who need a bike. (Last summer, 100 bikes were given a new life and put in the hands of new owners.)

Please contact Les at 306-715-6330 or les.ferguson@sasktel.net

