Brevoort Park Newsletter December 2022



Its Winter in Brevoort Park!

Join us this winter season for special events, leisure programs and family fun!

Indoor program registration begins December 1. Course offerings are available on page 9. Sign up early to avoid disappointment!

Do you have a brag worthy Christmas light display? Add your address to our community light tour. View the list of homes, grab a hot beverage, and take your own tour through the neighborhood. Information on page 10.

Join us New Years Day for outdoor fun in the park. Details on page 10.

New year, new you! If your New Years Resolution includes improving your health, contact North 49. Their clinic will help you feel your best through physical therapy. Page 3.

The snow is falling and its prime ski time! Lessons are available along with an interactive ski trail. Learn more on page 7 and 11.

For full information on our upcoming events, programs, volunteer opportunities and neighborhood happenings, see our website at www.brevoortpark.ca or email info@brevoortpark.ca





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Rink Repair and Garage Clean Up Day

Thank you to the board members and family volunteers for all of your hard work in cleaning out and organizing the garage and completing repairs at the rink. New puck board was added, a load taken to the dump, and the garage cleared out. We were able to donate some excess sports equipment and jerseys to other organizations that work with children in sports. Good job everyone!







The Gift of Music



A Life Time of Enjoyment

Piano and Guitar Lessons: Taught in Brevoort Park

Call: Harriet Miller, 306-249-0592

Cell: 306-280-0379

Or facebook:

Message: Studio M – Harriet Miller's Music Studio

Over 25 Years of Teaching Experience B.Mus.Mus.Ed, B.Ed., M. Ed.

A.R.C.T. Analysis, Harmony & Counterpoint

RCM Gr. 9 Piano & Voice

Music for Weddings, Receptions, Parties



Supervised Skate Time

BPCA maintains a rink for the use of the community. This includes supervised skate times:

Fridays: 6:00 PM to 8:00 PM Saturdays: 12:00 PM to 2:00 PM Sundays: 12:00 PM to 2:00 PM

There are no pucks or sticks allowed on the main rink during these hours.

Rink Rules:

- Use the facility at your own risk.
- Prevent injury by using protective equipment.
- Do not bring breakable containers on the ice.
- Do not leave shovels or scrapers on the ice.
- Share the ice surface and nets. They are intended for everyone's enjoyment!

NOTE: Failure to follow the above guidelines may result in your being asked to leave.

We are seeking individuals to supervise the rink during the above times. If your family uses the rink, we need your help. It has been two full years without community volunteers, if this continues, we will be at risk of closing the rink. To sign up for a shift, email:

rink_supervision@brevoortpark.ca or contact our social media pages.





What services are offered at North 49?

We offer physical therapy services that focus on getting you Moving Better & Living Better. Whether you have persistent back pain, a sprained ankle, headaches, had knee surgery, or dizziness, we work with you to address whatever is holding you back from doing the daily activities that you want to do. Treatment may include, but is not limited to exercise prescription, manual therapy, and education on what you can do to manage your condition better.

Aside from the common physical conditions and injuries, some specialty services that we provide are:

vestibular therapy (treatment of dizziness and/or

unsteadiness)

- concussion management
- treatment of temporomandibular (jaw) disorders
- treatment of infants with torticollis and plagiocephaly
- post-op
- Kinesiology
- hand therapy

We are also accredited to treat those in our province who injured themself at work or in a motor vehicle accident.

What is the story of North 49? How long at your location?

North 49 opened in August of 2010, and has been in its current location at the Grosvenor Park Mall since. We started with a team of 2 being a Kregg who is a physical therapist and Tamara who is a kinesiologist. She initially, along with working with patients in the clinic gym, did all of the booking and took all of the phone calls. Over the years we have grown to a team of 12, which does not include our consultants such as occupational therapy, psychology, neurology, and otolaryngology to name a few.

Where can we find you?

We are located at #19 - 2105 8th Street East (right besides Traxx Footwear).

Our phone number is 306-343-7776.

We can also be found on Instagram at north49physio and on Facebook at North 49 Physical Therapy.

What sets you apart from others in the same industry?

To start off with, there are a lot of great clinics and clinicians throughout Saskatoon. Having said that, what may differentiate is that we are 100% locally owned and operated. We also do not try to provide every service out there, but what services we do provide are done with clinicians who are extremely experienced in their field and have a passion for what they do.

You have been long time supporters of our community. Why is this connection important?

This connection is important for 2 reasons. First of all, many in our community live with physical problems that impact their quality of life and need to be made aware of how we can help. Secondly, as a local business we are dependent on community members accessing our services.

If you can recommend one or two simple things anyone can do to improve their health, what would it be?

Invest in yourself by exercising regularly, eating well, and laughing often.



Newsletter Ads

Are you interested in purchasing ad space in the newsletter?

Our print newsletters are delivered to 1870 doors. The newsletter is also available digitally on our website.

Business Card- \$25

1/4 Page- \$70

1/6 Page- \$50

1/3 Page-\$95

1/2 Page- \$140

Your advertising helps to off-set costs related to newsletter printing.



Are you interested in a subscription? Prepay for the year (4 editions) and receive a 15% discount.

Advertise on our rink boards! \$150/ 2 years. Purchaser to supply the art/banner.

Would you like to run a half-page local business showcase article? Lets talk!

Email for info:

Newsletter@brevoortpark.ca

BREVOORT PARK REAL ESTATE NEWS

Average sale price of all sold listings \$375,656 ↑ Average home price per sq. foot of all sold listings \$330.00 ↑ Average days on the market is 49 days ↑

Current number of homes on the market 6 ↑

Total number of sold listings 8 |

Percentage of listings that were listed and actually sold 57% 1 Percentage of listings that sold for under their list price 88% ↑

Highest sale price of sold listings \$425,000 L

Lowest sale price of sold listings \$332,000 ↑ Highest price of current listings \$409,900 ↓

Lowest list price of current listings \$339,900 ↓

All stats are based upon what has happened within the last 90 days of real estate.

All information provided by James Haywood, Realtor with Royal LePage Saskatoon, 306-361-1848, jameshaywood.royallepage.ca

Happy Holidays and all the best in 2023!











Hello Ward 6 - Happy Holidays & Happy New Year!

The City's focus is always on snow and ice this time of year, and here are a few handy tips to remember:

Priority streets get cleaned first (Circle Drive, College Drive etc)

Collector streets & transit routes are next (8th Street, Clarence, Preston etc)

Cleaning your sidewalks is part of the bylaw (helping your neighbours is just awesome)

Deep residential snow ridges are bladed when warranted, and windrows will be removed once they reach capacity.

For more information on snow and ice, go to:
www.saskatoon.ca/snow and for questions on any
operational issues, call 306-975-2476 or email:
customercare@saskatoon.ca
And here is a huge shout
out to all of the volunteer rink coordinators, who are
invaluable to our neighbourhoods in the winter. Thank
you!

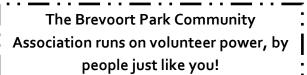
In 2023 Council will be making a number of important decisions to determine the viability and scope of the Downtown Event and Entertainment District, planned for the Midtown Plaza north parking lot. The district is expected to include a new event centre, a larger TCU Place and a public plaza. Council has committed to a goal of little to no impact on property taxes, a model that has been achieved in other cities. Learn more: www.saskatoon.ca/downtown

A major contribution of \$10 million from the Frank and Ellen Remai Foundation will allow admission by donation for the next 20 years! What a gift for our city, and huge thanks to our steadfast benefactor, Mrs. Ellen Remai.

Sincerely, Cynthia

www.cynthiablockward6.ca

Email: cynthia.block@saskatoon.ca



Our board members are a diverse group with common goals in mind: to get to know others and give back to the community.

How can you help?

- ⇒ Join us as a board member (time commitment varies, no experience necessary)
- ⇒ Volunteer for an event or special project
- ⇒ Like, follow and share on social media to help increase our exposure
- ⇒ Participate in programs and events
- ⇒ Purchase your \$10.00 annual membership.



The annual BPCA Halloween Hunt was a success! Thank you to everyone who donated cash or candy to give to the children of the neighborhood. This year 66 children signed up to search the neighborhood for spooky items.

Thank you to the families who submitted their photos and videos!

Congratulations to Becki F. for being the winners of a pizza supper for your family. Enjoy!





Rink Supervision

Our rink requires an operating grant to

run. Part of the requirement for obtaining the grant is supervised rink time. We rely on volunteers to supervise the rink at this time and ensure pucks and sticks staff off the ice.

Unfortunately we have had ZERO volunteers over the last two years. In addition, our rink supervision board position is vacant for the 2022-2023 season.

If we do not have a volunteer to take on the board positions and if volunteers do not sign up for short shifts to assist, we run the risk of losing our funding, and consequently our rink.

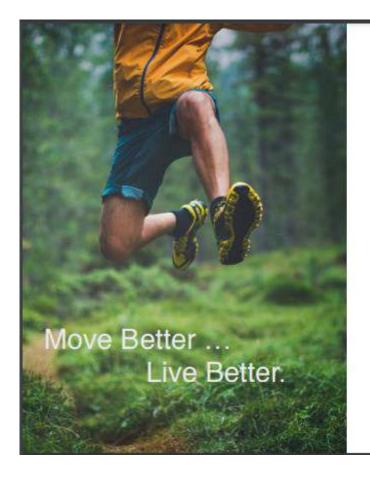
If your children or family are rink users, please help. More information: info@brevoortpark.ca



Walking Meewasin Trail with friends through all seasons – a great way to enjoy our beautiful city.

Submitted by City Councillor Cynthia Block







Still trying to figure out how to deal with your ongoing:

Headaches and/or neck pain
Back pain
Rotator cuff strain
Tennis elbow
Hip and knee pain
Jaw pain
or Dizziness?

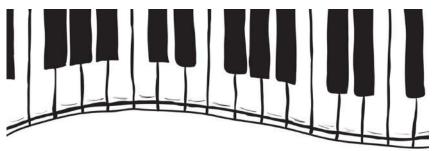
Let us help you out, whether it be for an in-clinic appointment or through videoconferencing.

24/7 online booking at www.north49therapy.ca or call 306.343.7776.

Conveniently located at the Grosvenor Park Centre.







Piano Lessons!

Friendly home studio welcoming new students!

Ideal setting for beginners, intermediates, early level RCM examinations and more. Located in beautiful Brevoort Park;
All ages 5+ welcome!

Contact teacher, Lesia Dubyk, for inquiries (306) 222-9112



SKI TRAILS ARE BACK

Champions!



Congratulations to Brevoort Park's own Lorraine F., Heather K., and Darrell S. for receiving the honor of the Queen Elizabeth II Platinum Jubilee Medal. This award recognizes those who have made significant contributions to the province and its people.

Thank you to the three of your volunteerism, care, and kindness not only to Brevoort Park but to the people of Saskatchewan!



Seeking paid program instructors for the following fall classes:

Ballet and Drawing

Email:

indoorcoodinator

@brevoortpark.ca

To apply or request more information on these opportunities.







Registration: December 1- December 15

brevoortpark.ca/store

In person (online) registration assistance: Available upon request

- ♦ Membership fee of <u>\$10</u> per year is required. Memberships are transferrable with other community associations.
- ♦ Programs may change. Consult brevoortpark.ca for final details and program descriptions
- ♦ Cost-as-a-barrier assistance and/or KidSport applications are available for those facing financial hardships. To inquire/apply, please contact *indoorcoordinator@brevoortpark.ca* or ask a volunteer at our AGM. All inquiries are kept confidential.

<u>IN-PERSON CLASSES</u>	Ages	Day/ Time	Dates	Price
Kindersoccer	3-5yrs	Th 6PM - 6:30PM	Jan 12—Mar 23	\$35
Ballet	3-5yrs	Th 6:30pm - 7PM	Jan 12— Mar 23	\$40
Pickleball	16+	M 6PM - 7:15PM	Jan 9—Mar 20	\$30
	16+	M 7:15PM - 8:30PM	Jan 9– Mar 20	\$30
	16+	W 7:30PM-8:45pm	Jan 11— Mar 22	\$30
Drawing	9-15yrs	M 7PM – 8PM	Jan 9– Mar 20	\$45
Youth Pickleball Workshop	10-18yrs	ТВА	ТВА	
<u>VIRTUAL OFFERINGS</u>				
All Levels Yoga w/ Marie	14+	M 7:30PM – 9PM	Jan 9-Mar 20	\$100
Gentle Yoga w/ Marie	16+	W 6PM – 7PM	Jan 11– Mar 22	\$80

What do you call Santa when he stops moving? Santa Pause

Where do Santa's reindeer stop for coffee? Star-bucks!

What do Santa's elves learn in school? The elf-abet.

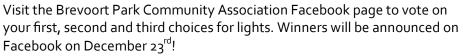


BREVOORT PARK CHRISTMAS LIGHT TOUR

Come check out the awesome lights in the neighbourhood in the month of December and get on the map to win prizes.

To list your house, email <u>events@brevoortpark.ca</u> by December 9, 2022 with your name and address. You will be added to the Christmas light tour map and have a chance to win prizes.

View the map here, https://www.google.com/maps/d/u/o/edit?mid=1NeST6umUWaPJFYO So GuBHyjlZhzTc&usp=sharing and take a drive/walk around the neighbourhood to check out the lights.





Watch for our upcoming Valentine's Day photo special event.



Information coming soon to your email, BPCA website, and our social media pages.

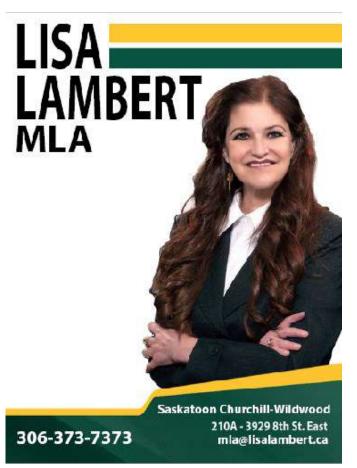








DETAILS AT WWW.BREVOORTPARK.CA





Programming and community endeavors couldn't happen without the help of our friends at







President	Lorraine F.	
Vice President	***VACANT***	
Treasurer	Richard S.	
Secretary	Darrell S.	
Indoor Coordinator	Sarah C.	
Rink Maintenance	Jay S.	
Rink Supervision	***VACANT***	
Newsletter/ Communications	Natasha M.	
Block Captain	Kimberly M.	
St. Matthew School Liaison	Wilma H.	
Brevoort Park School Liaison	Haley Z.	
Soccer Coordinators	Marion F.	
Basketball Coordinator	Mary K. and Gavin K.	
Social Events Coordinator	Emily S.	
Volunteer Coordinator	***VACANT***	
Website	Anurag S.	
Community Consultant	Shelly P.S.	
Members at Large	Celeste B. Florence D. Heather K. Meena S.	



Follow us on Facebook, Instagram, website or email blast to get the updates on this upcoming opportunity to support your local community and take home some great prizes.

	BPCA Website	www.brevoortpark.ca
f	Facebook	www.facebook.com/brevoortpark
	Instagram	brevoortpark
	Email list	info@brevoortpark.ca